

ERGEBNISSE 4,7-20-4

GESAMT	START_NR	NAME	VORNAME	VEREIN	AK	AK_PL	GES_ZEIT	LAUF1_ZEIT	L1RG	RAD_ZEIT	RRG	LAUF2_Z	L2RG
1	1	Kropp	Ralf	RRV Hameln-Pyrmon	TM45	1	01:18:45	00:17:25	2	00:46:36	1	00:14:44	1
2	3	Heim	Patrick	Sirona Sports-Club	TM35	1	01:20:18	00:17:27	3	00:47:57	3	00:14:54	2
3	5	Ziegler	Matthias	LTF Marpingen	TM40	1	01:20:41	00:18:05	7	00:47:13	2	00:15:23	3
4	4	Recktenwald	Frank	Proficoaching.net	TM35	2	01:24:02	00:17:37	5	00:50:22	8	00:16:03	7
5	6	Werland	Philipp	Tri Post Trier	TM20	1	01:24:16	00:17:35	4	00:50:50	9	00:15:51	6
6	46	Heider	Thomas	TSG Maxdorf	TM40	2	01:24:53	00:17:43	6	00:50:53	11	00:16:17	8
7	9	Baralt	Carlos	TuS 06 Heltersberg	TM16	1	01:25:02	00:18:43	10	00:49:50	6	00:16:29	10
8	31	Luck	Dominik	Team 73	TM20	2	01:25:11	00:19:16	14	00:50:08	7	00:15:47	5
9	18	Rohlfing	Jörg	Tri-EMTV Elmshorn	TM40	3	01:25:27	00:18:47	11	00:50:59	13	00:15:41	4
10	35	Thewes	Kevin	TV Hermeskeil	TM18	1	01:25:42	00:18:15	8	00:50:51	10	00:16:36	11
11	60	Oechsner	Joachim	Tri Post Trier	TM40	4	01:25:52	00:20:08	19	00:48:26	4	00:17:18	14
12	8	Rhein	Ralf	RV Schwalbe Trier	TM40	5	01:27:39	00:19:09	12	00:51:47	14	00:16:43	12
13	53	Thelen	Edgar	DJK Pellingen	TM35	3	01:30:03	00:20:01	18	00:53:36	17	00:16:26	9
14	52	Schuh	Stefan	TV Meisenheim	TM40	6	01:30:25	00:19:46	16	00:53:27	15	00:17:12	13
15	55	Sommerlade	Bernd	DJK Mannh.Feudenhe	TM45	2	01:30:45	00:19:42	15	00:53:27	15	00:17:36	17
16	57	Gabriel	Marco	Marathon-T. Hagne	TM30	1	01:31:27	00:18:42	9	00:55:14	19	00:17:31	16
17	25	Fenzl	Heiko	HardAttackRacingT	TM30	2	01:31:55	00:21:38	26	00:50:56	12	00:19:21	23
18	42	Urbany	Guido	LT Ferschw.Platea	TM40	7	01:34:16	00:20:00	17	00:56:07	21	00:18:09	18
19	38	Zimmer	Elmar	Tri Post Trier	TM40	8	01:35:27	00:20:26	20	00:57:32	24	00:17:29	15
20	37	Horch	Ralf	Moselfalken	TM45	3	01:36:26	00:21:11	24	00:56:08	22	00:19:07	22
21	17	Willger	Christoph	Team getFit	TM25	1	01:36:50	00:21:05	22	00:57:01	23	00:18:44	20
22	36	Kaiser	Stefan	Fitline MTB Monhei	TM45	4	01:37:24	00:22:09	31	00:55:11	18	00:20:04	28
23	49	Krames	Ralf Talkes	TriTCT/HafenTrier	TM40	9	01:37:30	00:22:12	33	00:55:32	20	00:19:46	27
24	16	Laengner	Arno	Neuhäusel	TM55	1	01:39:31	00:20:55	21	00:59:43	25	00:18:53	21
25	39	Nothvogel	Marco	AusdauerTeam.de	TM30	3	01:42:21	00:21:41	28	01:01:10	26	00:19:30	24

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26	43	Hahner	Martin	Nittel	TM40	10	01:43:48	00:21:47	30	01:02:21	28	00:19:40	26
27	21	Steffens	Sven	X-Sport Kastellau	TM30	4	01:44:53	00:21:39	27	01:03:38	30	00:19:36	25
28	28	Hilse	Markus	Düsseldorf	TM45	5	01:45:44	00:23:14	37	01:01:41	27	00:20:49	32
29	45	Melenk	Luca	RC MichelinB.Kreuz	TM20	3	01:46:26	00:22:09	31	01:03:59	31	00:20:18	31
30	20	Neu	Tino	Hoxel	TM30	5	01:46:43	00:22:40	34	01:03:10	29	00:20:53	33
31	14	Förster	Christian	LC Donnersberg	TM40	11	01:47:16	00:21:16	25	01:07:20	33	00:18:40	19
32	54	Zimmer	Thomas	Pellingen	TM35	4	01:49:33	00:21:45	29	01:07:44	34	00:20:04	28
33	44	Heth	Michael	RC MichelinB.Kreu	TM45	6	01:50:15	00:22:50	35	01:07:09	32	00:20:16	30
34	29	Markowitz	Martin	Düsseldorf	TM40	12	02:00:09	00:24:14	38	01:12:53	36	00:23:02	34
35	27	Schwan	Christoph	X-Sport Kastellau	TM25	2	02:03:41	00:26:59	40	01:12:06	35	00:24:36	36
36	56	Steffan	Jörg	Odernheim	TM40	13	02:03:42	00:26:52	39	01:13:25	37	00:23:25	35
37	50	Huber	Berno	TV 09 Morbach	TM45	7	02:18:16	00:30:00	41	01:19:13	38	00:29:03	37
9999	34	Hergenröde	Andre	X-Sport Kastellau	TM25	999		00:19:11	13	00:48:35	5		
9999	2	Kowalinski	Marc	Post Sport T. Tri	TM30	999		00:16:31	1	00:00:00			
9999	11	Karl	Maximilian	VfL Monzel	TM20	999		00:21:07	23	00:00:00			
9999	26	Wendt	Patrick	Ulmen	TM30	999		00:23:00	36	00:00:00			